



## **Role Description**

**Role title:** Psychosocial First Aid Responder (PSFA)

**Location:** Bermuda Branch

**Reporting to:** Disaster Manager, Team Leader

**Last Updated:** January 15, 2021

**Duration:** Volunteer for Psychosocial First Aid support during crisis in the community up to a maximum 8-hour shift

### **Context:**

The Bermuda Red Cross is a volunteer led organization that promotes humanitarian values within our community. Volunteers play an important role in the organization and should be representative of the Fundamental Principles of the Red Cross Movement.

### **Scope:**

This is a volunteer position that will be activated by EMO/NDP/BPS based on the Terms of Reference.

### **Overall purpose of the post:**

This position will assist the Bermuda Red Cross to support staff at Government Emergency shelters to assist with debriefing and diffusing the stress levels often encountered by persons who have been exposed to a traumatic event, and where possible to assist these persons to access/fund community resources that they may need to cope with the trauma they have undergone.

### **Pre-requisites:**

- Must be current and certified in CPR/AED/First Aid
- Must complete the one day Ideals in Action Workshop
- Must complete the 4 day Psychosocial First Aid Workshop as conducted at Bermuda Red Cross
- Must be willing to engage in extra training and cross-training sessions with other response agencies on a quarterly basis
- Must be willing to take part in all simulation exercises
- Must be willing to be available at short notice for response with the assigned team
- Must be willing to stay in the designated shelter before/during/after the emergency until the shelter is closed officially or until released by staff at the shelter
- Willing to work a maximum 8 hours shift during any major event
- Must sign commitment letter

### **Main duties and responsibilities:**

- To uphold the 7 Fundamental Principles of the International Red Cross and Red Crescent Movement
- To coordinate with Team Leader/Bermuda Red Cross Staff and Government Staff (if needed at designated Government Shelters)
- To act all times within the scope of the training you have received for PSFA
- To be willing to wear a uniform for all responses and maintain that uniform in good order
- To be willing at all times to maintain all equipment used on responses in good working order and to return all equipment to the office after a shift
- To be willing to write up any incident reports and the results of that incident, in a timely fashion and hand them into the team leader for referral to the main office within 24 hours of incident occurring.
- To be willing to debrief after any responses with the Team leader and other support staff at a designated location

### **Personal Skills and other requirements:**

- Must be at least 18 years of age
- Courteous and professional in manner
- Excellent verbal communications skills
- Be organized and show attention to detail
- Be reliable and trustworthy
- Have excellent time keeping